SYLLABUS IS SUBJECT TO CHANGE

Instructor: Sharon Abramowitz
Office Hours: in Turlington B128, TUESDAYS 11:30-1:00, or by appointment.
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Synopsis
This seminar brings together interdisciplinary perspectives on the role of culture in understanding mental health, mental illness, human behavior and psychopathology. Readings are drawn from anthropology, psychology, public health and epidemiology, neuroscience, and popular culture in order to gain a varied and complex perspective on what mental illness is, how it is understood and managed in everyday life in "modern" and "traditional" societies, and how social and medical communities respond to mental illness from social management, treatment, and public policy perspectives. The goal of this course is to emphasize the centrality of culture as a force that defines the incidence, occurrence, and course of mental illness. The broader aims of this course are to familiarize students with interdisciplinary perspectives on culture and psychopathology, and facilitate the development of "cultural competence" in research and clinical practice.

Course Objectives
   • By the end of the semester, you will have been introduced to a diversity of cultural approaches to psychiatry, psychology, psychopathology, mental health and mental illness.
   • You will have acquired a fluency in the core concepts of medical and psychological anthropology, medical sociology, and psychiatric epidemiology, and been exposed to a broad range of theories and methodologies in medical anthropology.
   • You will be able to analyze modern psychiatry as a cultural domain.
   • You will have gained foundational knowledge regarding the classification, typology, epidemiology, and illness course of major mental illnesses.
   • You will have been exposed to how mental illness interacts with in a wide variety of political, economic, social, and geographic contexts, including the social institutions, structures, and processes that shape psychiatric / mental illness outcomes processes and outcomes at both the local level of practice, and the global level of transnational intervention.

Requirements
Class Participation (20%)
1 Assignment (10%)
2 Quizzes (50%)
Final Poster (20%)

Class Participation and Attendance Policy
Class participation is mandatory, and class participation will be based on attendance. Attendance is mandatory, and foundational concepts and definitions that cannot be found in the readings will be introduced during lecture at every course meeting. During our course meetings, every student will be expected to participate in class discussion in a way that provokes thoughtful engagement with classmates. **PLEASE INFORM THE PROFESSOR IMMEDIATELY AND IN WRITING IF YOU ANTICIPATE HAVING TO BE ABSENT FROM THE COURSE ON ANY DATES THROUGHOUT THE SEMESTER SO THAT YOUR ABSENCE WON'T IMPACT YOUR GRADE.**

Assignments, Quizzes, Poster
There will be **1 two-page assignment** due at midnight on Sunday, September 7th, 2014. Submission will be online. Further instructions will be posted through the course website.

There will be **2 take-home quizzes,** which will be administered through the e-Learning system. Each quiz will include three to four open-ended questions addressing the readings, the lectures, and class discussions, as well as key concepts and and the broader themes of the course. For the first two quizzes, each answer should range from 250-500 words, with each quiz totalling approximately 750-1500 words. The final quiz will have customized instructions. Quizzes will open at 8:00AM on the first day, and they will close at midnight on the due date.

During this time, students may engage in an open-book review of the materials. You may consult with your peers while working on take-home quizzes, but all work needs to be submitted individually, and it must be original. No group work will be accepted. Final quiz answers must be submitted electronically. Any references cited in the quizzes must be presented in appropriate citation format. All references require parenthetical citations and bibliographic references. The bibliographic material must be submitted in formal APA, Chicago Style, or American Anthropological Association citation conventions. **If you are aware of a pending conflict with the quizzes, please let the instructor know immediately so that alternative accommodations can be made.**

There will be 1 research poster project. All students will be expected to present their posters on the last day of class, to their peers. Poster research, poster preparation, and poster presentation are all part of the grade.

Extra Credit
Cahalan, Susanna. Brain on Fire: My Month of Madness. Simon & Schuster, 2013.

Grades
Grades for this course will be assigned according to UF's grading policy. For further information, please review the UF policy here: https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx#grades.

Course Readings and Materials (Recommended, not Required)
All readings will be posted in the resources folder of the course website as pdfs. It is recommended to students that they purchase books in electronic version (aka Kindle), or previously owned, via the Internet.

Policy on Late Assignments
You are required to complete all assignments by the stated due dates. Late assignments will lose one half-letter grade for each day past the deadline. There are no make-up opportunities for any assignment, as you will have ample time to complete each requirement. I will not assign grades of "incomplete" except under extreme circumstances (and only if you have completed 50% of the coursework). You must provide documentation of such circumstances from an appropriate authority.

"Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalogue at http://catalog.ufl.edu/ugrad/current/regulations/info/attendance/aspx.

Recommendations Policy
I am happy to write letters of recommendation for students who have earned a B+ or higher for any course I teach. In order to obtain a letter of recommendation, students must request the letter of recommendation at least 21 days prior to due date. Students must also: (1) meet with me during office

hours or during a scheduled appointment time to discuss their goal; (2) provide a current resume, statement of purpose, and instructions regarding submission; (3) take responsibility for all relevant procedures and deadlines.

Academic Honor Code
UF students are bound by The Honor Pledge, which states, "We, the members of the University of Florida Community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the honor code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel.

Americans with Disabilities Act
Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation. For more information, contact:
Dean of Students Office Disability Resource Center
202 Peabody Hall or 0020 Reid Hall
Phone: (352) 392-1261 Phone: (352) 392-8570

University of Florida Counseling Services
Resources are available on-campus for students that feel like they are struggling in their personal or academic life. These resources include:
- University Counseling Center, 301 Peabody Hall, 392-1575, personal and career counseling
  - http://www.counseling.ufl.edu/cwc/Default.aspx
- Student Mental Health, Student Health Care Center, 392-1171, personal counseling
- Sexual Assault Recovery Services (SARS), Student Health Care Center, 392-1161, sexual counseling
- Career Resource Center, Reitz Union, 392-1601, career development assistance and counseling
- University Police Department, 392-1111, or 9-1-1 for emergencies

Online Course Evaluations
Students are expected to provide feedback on the quality of instruction in this course based on 10 criteria. These evaluations are conducted online at http://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at http://evaluations.ufl.edu/results.

Course Schedule and Readings
(An asterisk "*" indicates readings recommended to graduate students. All other readings are required unless otherwise indicated.)

Date	Topic	Reading Assignment
8/26	What's Normal?	Devereux, G. "Normal and Abnormal." in *Some Uses of Anthropology* (Edesds J. B. Casgrande & T. Gladwin). Washington, DC: Anthropological Society, 1965. Kleinman, A. "Do Psychiatric Disorders Differ in Different Cultures" - The Methodological Questions" Chapters 2 in *Rethinking Psychiatry*
8/28	Health and the Brain	Zimmer, Carl "Secrets of the Brain" *National Geographic,* February 2014 Dumit, J. (2003). Is it me or my brain? Depression and neuroscientific facts. *Journal of Medical Humanities*, *24*(1-2), 35-47. (Kraepelinian Psychiatry vs. Freudian Psychology)
9/2	Case Study: Autism	Hamblin, "What it's like on the Autism Spectrum" *The Atlantic Monthly* Solomon, "Sense and the Senses: Anthropology and the Study of Autism" *Annual Review of Anthropology*
9/4	Recognizing Mental Illness: Signs, Symptoms, and the Perils of Diagnosis	Barrett, R. J. (1997). Cultural formulation of psychiatric diagnosis. Biehl, J., & Moran-Thomas, A. (2009). Symptom: Subjectivities, social ills, technologies. *Annual Review of Anthropology*, *38*(1), 267. On Traditional Etiology: Devisch, Rene. "Witchcraft & Sorcery."
9/9	In-Class Exercise: Psychiatric Interviews, Schedules, Diagnoses	
9/11	Culture-Bound Syndromes & Idioms of Distress	APA, Quizlet on Culture-Bound Syndromes. DSM-IV. http://quizlet.com/2122697/flashcards APA, DSM-V: Glossary of Cultural Concepts of Distress. DSM-IV. Nichter, Mark. 1981 Idioms of Distress: Alternatives in the Expression of Psychosocial Distress: A Case Study from South India. Culture, Medicine, & Psychiatry 5:379-408 Kleinman, A. "Do Social Relations and Cultural Meanings Contribute to the Onset and Course of Mental Illness?" *Rethinking Psychiatry*

9/16	Global and Local Comparisons: The Case of Schizophrenia	Cases: Sakit Gila in an Iban longhouse: chronic schizophrenia. *Culture, Medicine and Psychiatry, 21,* 365-379. Luhrmann, Tanya M. "Living with Voices." *American Scholar,* Summer 2012. Debate: Patel, V., Cohen, A., Thara, R., & Gureje, O. (2006). Is the outcome of schizophrenia really better in developing countries?. *Revista Brasileira de Psiquiatria*, *28*(2), 149-152. Hopper, H. (2003). Interrogating the meaning of "culture" in the WHO international studies of schizophrenia. In J. H. Jenkins, & R. J. Barrett (Eds.), *Schizophrenia, culture, and subjectivity: The edge of the experience* (pp. 62-86). Cambridge: Cambridge University Press.
9/18	Traditional Healing Practices	Prince, Raymond. "Shamans and endorphins." *Ethos* 10, no. 4 (1982): 409-423. Orley, John (1970) A Study from Uganda: Culture and Mental Illness Allen and Macdonald, "Post-Conflict Traditional Justice: A Critical Overview" Seeman, Don. "Ritual Practice and it's Discontents." Bourguignon, Erika. "Spirit Possession."
9/23	Community-based Care	Brodwin, P. (2010). The assemblage of compliance in psychiatric case management. *Anthropology and Medicine*, *17*(2), 129-143. Scheper-Hughes, N. (1987). 'Mental'in 'southie': Individual, family, and community responses to psychosis in South Boston. *Culture, medicine and psychiatry*, *11*(1), 53-78. Estroff, S. E. (1994). The Influence of Social Networks and Social Support on Violence by Persons With Serious Mental Illness. *Hospital and Community Psychiatry*, *45*(7), 669.
9/25: No Class		
9/30	Hospital-based Care	Davis, Elizabeth Anne. "A System in Doubt of Freedom." *Bad Souls: Madness and Responsibility in Modern Greece.* Rhodes, Lorna. Chapter 2: "We Discharge in 10 Days." *Emptying Beds: The Work of an Emergency Psychiatric Institution.*
10/2	Somatization	Kirmayer, L. J. & Young, A. (1998). Culture and somatization: Clinical, epidemiological and ethnographic perspectives. *Psychosomatic Medicine, 60,* 420-430. Kleinman, A., & Kleinman, J. (1985). Somatization: the interconnections in Chinese society among culture, depressive experiences, and the meanings of pain. In A. Kleinman & B. Good (Eds.) *Culture and depression: Studies in the anthropology and cross-cultural psychiatry of affect and disorder* (pp.429-490). Berkley and Los Angeles: University of California Press.
10/7	Depression	Obeyesekere, G. (1985). Depression, Buddhism and the work of

		culture in Sri Lanka. In A. Kleinman & B. Good (Eds.) *Culture and depression: Studies in the anthropology and cross-cultural psychiatry of affect and disorder* (pp.134-152). Berkley and Los Angeles: University of California Press. Kohrt, B. A., Kunz, R. D., Baldwin, J. L., Koirala, N. R., Sharma, V. D., & Nepal, M. K. (2005). Somatization and comorbidity: A study of Jhum-Jhum and depression in rural Nepal. *Ethos,* 33, 125-147. Beiser, M. (1985). A study of depression among traditional Africans, Urban North Americans, and Southeast Asian refugees. In A. Kleinman & B. Good (Eds.) *Culture and depression: Studies in the anthropology and cross-cultural psychiatry of affect and disorder* (pp.272-298). Berkley and Los Angeles: University of California Press. Kirmayer, L. J. (2001). Cultural variations in the clinical presentation of depression and anxiety: Implications for diagnosis and treatment. Journal of Clinical Psychiatry, 62,22-28
10/9	Anxiety and Panic Disorders	Good, B. J. & Hinton, D. E. (2009). Introduction: Panic Disorder in Cross-Cultural and Historical Perspective. In D. E. Hinton and B. J. Good (Eds), *Culture and Panic Disorder (pp. 1- 28)*. Stanford: Stanford University press. Lewis-Fernandez, et al. (2009). Comparative Phenomenology of 'Ataql.les de Nervios,' Panic Attacks, and Panic Disorder. In D. E. Hinton and B. J. Good (Eds), *Culture and Panic Disorder (pp. 135-156)*. Stanford: Stanford University press. Norasakkunkit, V., Kitayama, S., & Uchida, Y. (2011). Social Anxiety and Holistic Cognition: Self-Focused Social Anxiety in the United States and Other-Focused Social Anxiety in Japan. *Journal of Cross-Cultural Psychology, Online first,* DOI: 10.1177/0022022111405658
10/14	Trauma, PTSD, and Migration	Abramowitz, Sharon. "Trauma and Humanitarian Translation in Liberia: The Tale of Open Mole." Culture, Medicine & Psychiatry Vol. 34, 2 (2010): 353-379. Harrison, G., Glazebrook, C., Brewin, J., Cantwell, R., Dalkin, T., Fox, R., Jones, P., and Medley, I. (1997). Increased incidence of psychotic disorders in migrants from the Caribbean to the United Kingdom. *Psychological Medicine, 27,* 799- 806. Rubin, Audrey, and Lorna Rhodes. "Narrative and the Intergenerational Transmission of Trauma among Cambodian Refugees." *Perspectives in cross-cultural psychiatry* (2005): 157.
10/16	Substance Use and Abuse	Agar, M. and H.S. Reisinger. 2002. A Tale of Two Policies: The French Connection, Methadone, and Heroin Epidemics. Culture, Medicine & Psychiatry 26:371–396. Quintero, G. 2000. ""The Lizard in the Green Bottle": "Aging Out" of Problem Drinking Among Navajo Men." Social Science & Medicine 51:1031-1045. *Garcia, Angela, The Pastoral Clinic
10/21	Class Choice/ **Catch-up Day/ Review**	

10/23	**NO CLASS: First Exam (Online)**	
10/28	Race, Mental Illness, and Criminality	Rhodes, L. A. (2002). Psychopathy and the Face of Control in Supermax. *Ethnography*, 3(4), 442-466. Rhodes, L. A. (2007). Supermax as a technology of punishment. *Social Research: An International Quarterly*, 74(2), 547-566.
10/30	Body Dysphorias and Sex as a Risk Factor	Lester, Rebecca. The (Dis)Embodied Self in Anorexia Nervosa. Social Science & Medicine (44) 4: 479-489. Swartz, Leslie. 1985. Anorexia Nervosa as a Culture-Bound Syndrome. Social Science & Medicine 20:725-730.
11/4 GO VOTE!	Colonialism as a Risk Factor (FANON)	Jervis, L. J. (2003). Boredom, "trouble," and the realities of postcolonial reservation life. *Ethos, 31,* 38-58. Kral, M. J. (1998). Suicide and the internalization of culture: Three questions. *Transcultural Psychiatry, 35(2),* 221-233. Dinges, N. G., Duong-Tran, Q. (1993). Stressful life events and co-occurring depression, substance abuse and suicidality among American Indian and Alaska native adolescents. *Culture, Medicine, and Psychiatry, 16,* 487-502.
11/6	The Problem of "The Self"	Jenkins, J. and Karno, M. (1992). The meaning of expressed emotion: Theoretical issues raised by cross-cultural research. *American Journal of Psychiatry, 149,* 9-21. Saris, A. J. (1995). Telling stories: Life histories, illness narratives, and institutional landscapes. *Culture, Medicine and Psychiatry*, 19(1), 39-72. Desjarlais, R. (1994). Struggling Along: The Possibilities for Experience among the Homeless Mentally Ill 886. *American Anthropologist*, 96(4), 886-901. Markus, H. R., & Kitayama, S. (1991). Culture and the self: Implications for cognition, emotion, and motivation. *Psychological review*, 98(2), 224.
11/11	**Veteran's Day: No Class**	
11/13	Non-Western Psychiatries	Thara, R., Padmavati, P. and Srinivasan, T. N. (2004). Focus on psychiatry in India. *British Journal of Psychiatry, 84,* 366-374. Varma, Saiba. "Where There Are Only Doctors: Counselors as Psychiatrists in Indian-Administered Kashmir." Ethos 40, No. 4 (2012): 517-535.
11/18	The Impact of Globalization	Ethan Watters: Crazy Like Us: The Globalization of the American Psyche Kitanaka, Junko: Depression in Japan: Psychiatric Cures for a Society in Distress Halliburton, M. 2005. "Just Some Spirits": The Erosion of Spirit Possession and the Rise of "Tension" in South India. Medical

		Anthropology 24(2): 111-144. Ma, Zhiying. "When Love Meets Drugs: Pharmaceuticalizing Ambivalence in Post-Socialist China." *Culture, Medicine, and Psychiatry* 36, no. 1 (2012): 51-77.
11/20	**No Class**	
11/25	Stigma and Human Rights	Stigma- Notes on the Management of Spoiled Identity Pescosolido, B. A., Martin, J. K., Long, J. S., Medina, T. R., Phelan, J. C., & Link, B. G. (2010). "A disease like any other"? A decade of change in public reactions to schizophrenia, depression, and alcohol dependence. *American Journal of Psychiatry*, *167*(11), 1321-1330.
11/27	**Happy Thanksgiving! (No class)**	
12/2	Politics and Psychiatry: The Anti- Psychiatry Movement	Thomas Szasz. The Myth of Mental Illness: Foundations of a Theory of Personal Conduct. Robert Whitaker Anatomy of an Epidemic Anti-Oedipus: Capitalism and Schizophrenia (Deleuze Guattari)
12/3-12/8	**No Class: Second Exam (online)**	
12/9	**Last Day of Class: Research Poster Presentations**	

Recommended Readings:
*Foucault, M. Madness and Civilization: A History of Insanity in the Age of Reason. Vintage, 1988.
*Foucault, Michel, Valerio Marchetti, Antonella Salomoni, and Arnold Ira Davidson. Abnormal: Lectures At the Collège De France, 1974-1975. New York: Picador, 2003.
*Kleinman, Psychiatric Disorders
*Rubel, Epidemiology of a Folk Illness
*Ozawa-de Silva, Internet Suicide
*Durkheim, Emile. Suicide, A Study in Sociology. Glencoe: Free Press, 1951.
*Canguilhem, George. The Normal and the Pathological. New York: Zone Books, 1991.
*Kraepelin (1912) Lectures on Clinical Psychiatry
*Freud, S. (2001). Complete psychological works of Sigmund Freud (Vol. 1). Random House.
*Kleinman, A. "Do Psychiatric Disorders Differ in Different Cultures" - The Findings" Chapters 3 in Rethinking Psychiatry
*Emily Martin, Bipolar Expeditions
Hacking, Ian. Chapter 2: "Hysteria or Epilepsy?" in Mad Travelers: Reflections on the Reality of Transient Mental Illnesses. Harvard University Press.
*Estroff, Sue. Making It Crazy: An Ethnography of Psychiatric Clients in an American Community. UC Press.
*Goffman, Erving. Asylums: Essays On the Social Situation of Mental Patients and Other Inmates. "On the Characteristics of Total Institutions" "The Moral Career of the Mental Patient"
* Young, Allan. The Harmony of Illusions. Princeton: Princeton University Press, 1995.
*Kirmayer, Laurence J. "Defining and Delimiting Trauma-Related Dissociation: A View From Cultural Psychiatry." Journal of Trauma & Dissociation 12, No. 4 (2011): 465-468.
* Fassin, Didier and Richard Rechtman. The Empire of Trauma: An Inquiry Into the Condition of Victimhood. Princeton: Princeton University Press, 2009.
*Luhrmann, T. M. (2007). Social defeat and the culture of chronicity: or, why schizophrenia does so well over there and so badly here. Culture, Medicine, and Psychiatry, 31 (2),135 - 172.
*Hopper, K., and Wanderling, J. (2000). Revisiting the developed vs. developing country distinction in course and outcome in schizophrenia. Schizophrenia Bulletin, 26, 835-846.
*Herman, Judith Lewis. Trauma and Recovery. London: Pandora, 2001.
*Kirmayer, Laurence J., Robert Lemelson, and Mark Barad, Eds. Understanding Trauma: Integrating Biological, Clinical, and Cultural Perspectives. Cambridge University Press, 2007.